

VOLUNTEERS NEEDED!!

AMHERST MEALS ON WHEELS

Share a Few Hours & Help Those in Need

Packing in the kitchen: 8:30AM-11:00AM

Driving & Delivery of meals: 10:30AM-1:00PM

Preparation & packaging needed at other times as well

Flexible scheduling available

***Amherst Meals on Wheels, Inc.
370 John James Audubon Pkwy
Amherst, NY
716-636-3065***



Hours of operation are Monday through Friday 8AM-4PM

Please call 636-3065 and sign up today

"Purpose is what gives life a meaning" – Charles H. Parkhurst