

1_ עלינו לשוב לאדון הכל לתת גְּדֻלָּה ליוצר בראשית

2_ שלא עָשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת וְלֹא שָׁמְנוּ כְּמִשְׁפָּחוֹת
הָאֲדָמָה

3_ שלא שָׁם חֶלְקֵנוּ בָּהֶם וְגָרְלָנוּ בְּכָל הַמוֹנָם

4_ וְאַנְחֵנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים

5_ לִפְנֵי מֶלֶךְ, מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא

6_ שֶׁהוּא נוֹטֶה שָׁמַיִם וְיֹסֵד אָרֶץ וּמוֹשֵׁב יָקָרוֹ בַּשָּׁמַיִם
מִמַּעַל

7_ וּשְׂכִינָת עֲזֹ בְּגִבְהֵי מְרוֹמִים

8_ הוּא אֱלֹהֵינוּ אֵין עוֹד אַחֶת מִלִּכְנֹס אֶפְס זולתו

9_ כְּפָתוּב בְּתוֹרָתוֹ וְיִדְעָתָּ הַיּוֹם וְהַשַּׁבָּת אֵל לְבָבְךָ

10_ כִּי יְהוָה הוּא הָאֱלֹהִים בַּשָּׁמַיִם מִמַּעַל

11_ וְעַל הָאָרֶץ מִתַּחַת אֵין עוֹד

12_ פִּכְתוּב בְּתוֹרַתְךָ, יְהוָה יִמְלֹךְ לְעוֹלָם וָעֶד

13_ וְנֶאֱמַר, וְהָיָה יְהוָה לִמְלֹךְ עַל כָּל הָאָרֶץ

14_ בְּיוֹם הַהוּא יְהָיָה יְהוָה אֶחָד, וּשְׁמוֹ אֶחָד

It is up to us praise the master of all, to declare the greatness of the fashioner of creation who did not make us like other nations or families, and sets for us a portion and destiny different from theirs. We bow to worship and to thank the majestic sovereign of all sovereigns, the Blessed Holy One. Who spread out the heavens and established the earth. Whose resplendant home is the heavens above, whose stronghold is the lofty heights. That is our God, there is nothing else, the true sovereign without equal. As it is written in the Torah (Deuteronomy 4:39) "You should know today by inclining your heart, that YHVH is God in the heavens above and on the earth below. There is nothing else."

As it is written in the Torah (Exodus 15:18) "YHVH will reign forever and ever." On that day, YHVH and the Divine Name will be one (Zechariah 14:9).

READING

CHANTING

Teacher

Date

Teacher

Date

Parent

Date

Parent

Date

WHERE FOUND

The Aleinu (It is Upon Us) is prayed near the end of every Morning, Afternoon and Evening Service immediately before the Kaddish Yatom (Mourner's Kaddish).

MAJOR THEMES

We are obligated to praise and worship God.

We are thankful to God for all creation.

We each have unique destinies.

KEY WORDS

עָלֵינוּ (It Is) Upon Us

לְשַׁבַּח To Praise

כּוֹרְעִים Bow

מִשְׁתַּחֲוִים Worship / Praise

מוֹדִים Thank

הַקָּדוֹשׁ בְּרוּךְ הוּא The Blessed Holy One
The Holy One Blessed be He

אֵין עוֹד There is Nothing Else
There is None Else

DISCUSSION STARTER

What makes you unique, special?

What is it about you that is unique, special?

Why are we obligated to praise God? Why is it “up to us?”

How do you feel when you bow? Do you feel bowing helps us pray? If so how? If not, why not?

In describing God, the prayer says אֵין עוֹד. What does this expression mean to you regarding God, life, all that is?

NOTES AND ASSIGNMENTS

